

OCTOBER | 2022

St. James Lutheran School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 BBQ Pulled Chicken Potato Wedges Roasted Butternut Squash Sliced Melon *Salad Bar</p>	<p>4 Mini Meatball Subs Tater Tots Roasted Cauliflower Diced Peaches *Salad Bar</p>	<p>5 Orange Chicken Brown Rice Steamed Zucchini Strawberry Chocolate Parfait *Salad Bar</p>	<p>6 Beef Street Tacos Fiesta Lime Corn Veggie Pinto Beans Assorted Toppings Mixed Fruit *Salad Bar</p>	<p>7 BBQ Chicken Pizza Cheese Pizza Breadsticks w/cheese Roasted Broccoli Sliced Pineapple *Salad Bar</p>
<p>10 Hot Ham and Cheese Croissant Smiley Fries Cheesy Broccoli Sliced Peaches *Salad Bar</p>	<p>11 Fried Chicken Drumstick Baked Potato Roasted Asparagus Sliced Strawberries *Salad Bar</p>	<p>12 Beef Lasagna Garlic Bread Roasted Cauliflower Mango Chunks *Salad Bar</p>	<p>13 Chicken Enchilada Assorted Toppings Steamed Corn Refried Beans Spiced apples *Salad Bar</p>	<p>14 Sausage or Cheese Calzone Carrot Fries Apple, Orange Smoothie *Salad Bar</p>
<p>17 Gyro on Pita Bread Sweet Potato Fries Steamed Corn Cucumber Salad Frozen Fruit Cup *Salad Bar</p>	<p>18 Chicken Nuggets Assorted sauces Curly Fries Roasted Brussel Sprouts Melon Chunks *Salad Bar</p>	<p>19 Beef and Broccoli Steamed Brown Rice Mixed Asian Vegetables Sliced Peaches *Salad Bar</p>	<p>20 Chicken Tetrizzini Breadsticks Steamed Peas Fruit and Yogurt *Salad Bar</p>	<p>21 No School Fall Break!</p>
<p>24 No School Fall Break!</p>	<p>25 Coney Dogs Oven Baked Fries Mixed Vegetables Fresh Blueberries *Salad Bar</p>	<p>26 Chicken Alfredo Roasted Fresh Broccoli Dinner Roll Orange Smiles *Salad Bar</p>	<p>27 Walking Tacos- Beef Mexican Street Corn Black Beans Assorted Toppings Diced Pears *Salad Bar</p>	<p>28 Cheese Pizza Pepperoni Pizza Bread Stick Steamed Baby Carrots Fresh Grapes *Salad Bar</p>
<p>31 BBQ Pulled Pork Au Gratin Potato Butternut Squash Sliced Melon Special Fall Treat *Salad Bar</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Student Lunch- \$3.25
Adult Lunch- \$4.60
Extra Entrée- \$2.50
Extra Sides- \$1.00
Extra Milk- \$.50

**No Cash will be
excepted, all
transactions will be done
through harmony.**

**Fresh Whole Fruit
Available Daily**

**Full Salad Bar
W/ Assorted Toppings
Available Daily**

**A-La-Cart
Breakfast and Snack
items available for K-8
from 7:30-7:55am
in the cafeteria.
*No Cash Accepted***

**Parents are welcome to
join their child for lunch,
please let their teacher
know in the morning!!**